



# MAGGIE DAGGE

Therapist  
Specialising in : DvT Dramatherapy

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## SKILLS

Excellent **communication** skills in writing, speaking and listening.

**Team Leadership** : ability to build positive working relations with staff by encouraging ownership in projects. Ability to delegate clearly and concisely achievable yet challenging initiatives.

**Public Speaking** : A calm and confident persona that encourages a professional yet informal relationship with stakeholders, clients, parents.

**Accountability** : adherence to current safeguarding policies and codes of ethics.

**Resource Management** : Logical and analytical approach to problem solving with an acceptance towards other more creative approaches.

## PROFESSIONAL PROFILE

I am a registered dramatherapist and an elected member of the executive council of The Irish Association of Creative Arts Therapists (IACAT) and Coordinator of DvT Dramatherapy Ireland. DvT is a drama therapy technique, unique to this method is that the therapist physically interacts with the client to create a space where anxieties can be realised. Trained in Ireland, the UK and the USA I bring a trauma informed approach to my practice. I appreciate a fully transparent dialogue with clients, parents and employers. I adhere to a strong ethos of clinical honesty for my clients to recognise their potential.

My career path, from a theatre practitioner and venue manager to a dramatherapist has afforded me a unique insight into working with children and adults.

As an artistic director both self employed and as an employee I have expertise in developing financial growth and a flair for sustaining stakeholder relationships.

## RELEVANT EXPERIENCE

### DvT Dramatherapist

St Finians NS / Finglas Co Dublin / 2017 -

Weekly one-to-one DvT sessions with children affected by gangland violence and the trauma of family feuding, suicide and gun violence.

### DvT Dramatherapist

Brunner NS & Stanhope NS / Stoneybatter Co Dublin / 2018 -  
School Completion Programme Dublin 1 & 7

Weekly one-to-one DvT sessions with children affected by anxiety, parental separation and ASD.

#### Interventions

- Open and regular dialogue with parents regarding family situation and parents own trauma.
- Co-created space with clients to physically and metaphorically engage with their trauma on a pre-verbal level.
- De-coding client's trauma schema towards a verbal recognition of their situation and potential for change.
- Fostered collaborative play that names the clients trauma allowing direct cognitive reflection on the trauma while being physically engaged.

### DvT Dramatherapist

Post Traumatic Stress Centre / New Haven CT, USA / June - August 2017

Supervised within the centre's clinical team to deliver in-school and out of school treatment to identified students both at elementary and high school level.

#### Interventions

- A.L.I.V.E programme (Elementary). The purposeful introduction of anxiety provoking reminders of the student's life into the supportive play environment to aid stress reduction and foster educational learning capabilities. Promotes executive function and self-regulation.
- STRONG programme (High School). Summer out of school peer leadership and personal development with a focus on students' stressors and triggers. Students also receive one to one therapeutic trauma informed intervention. Students develop a creative reflective log of their time in the programme which is delivered to their peers at the start of the next academic year.
- Often students from the summer programme will become 'counsellors in training' for the following year's programme.



# MAGGIE DAGGE

Artistic Director & DvT Dramatherapist

## Training

Child Safeguarding  
Health & Safety  
Disability & Inclusion  
Microsoft Office Suite  
Sage accountancy  
Adobe Photoshop/Premier pro  
Wordpress website  
Full clean driving license

## EDUCATION

**M.Sc DEGREE**  
**Psychoanalytic Psychotherapy**  
Trinity College Dublin  
2019-2021

**DvT Level 2**  
Trauma informed Dramatherapy  
Institute of Developmental Transformations  
London UK & New Haven CT, USA  
2012 - 2019

**MASTER'S DEGREE**  
Dramatherapy  
National University of Ireland Maynooth  
2010 - 2012

**HIGHER DIPLOMA**  
Drama  
University College Dublin  
2009 - 2010

**DIPLOMA**  
Youth & Community Work  
University College Cork  
2007 - 2009

**DIPLOMA**  
Computer application/Office Skills  
City and guilds 2007

**FETAC LEVEL 5**  
Multi Media production and film  
Carlow Further Education 2008 - 2009

**FETAC LEVEL 5**  
Theatre Studies  
Inchicore Further Education 1994 - 1995

**FETAC LEVEL 5**  
Drama and Dance  
Marino College Further Education  
1992 - 1994

## EXPERIENCE continued

**Coordinator DvT Dramatherapy Ireland**  
Dublin/Galway/Carlow 2014 -

Monthly DvT practical practice sessions with arts therapists and psychotherapists exploring the benefits that DvT can have in their practice:

### Sessions cover

- Group DvT therapeutic play
- One - to - one therapeutic play
- Practice linked to current clients and interventions used.
- Practice linked to DvT theory and broader psychotherapy theory.

### Clinical Placements

As part of the Masters in Dramatherapy Maynooth University 2010-2012  
Kildare Youth Theatre Co Kildare. Actors therapeutic group using DvT dramatherapy (20 weeks) 2012

KARE Baltinglass Co Wicklow. Intellectual disability therapeutic group using dramatherapy (10 weeks) 2011

Glendale Nursing home Tullow Co Carlow. Elderly therapeutic group using dramatherapy (10 weeks) 2010

### Artistic Director/Owner

M Dagge Therapy / Shillelagh / Co Wicklow 2014 -  
Curious Tail Theatre Co. / Shillelagh Co. Wicklow / 2008 -

Delivering, developing and evolving a programme of professional therapeutic interventions, productions, outreach facilitation and both academic and field research in therapy, theatre and film. Initiated, with ongoing research a pilot project looking at the mental health of actors, using dramatherapy as a framework. It is intended that this work will lead to a PhD.

### Project Director/Lead facilitator/Child Welfare Officer

Strokestown Park House /Co. Roscommon / 2010 - 2013

A three year intensive Leader funded international project engaging young people with the history of the famine using the arts as an educational tool. Researched, designed and delivered artistic modules. Financial and administrative responsibilities for the project both in Ireland and on exchange in Canada. Bi annual financial and documentary reports for stakeholders. Ensured all insurance, contractual and child protection policies were in place.

### Venue Management Employment

#### Artistic Director

Courthouse Arts Centre / Tinahely Co Wicklow / 2013 - 2018

#### Productions Manager

Courthouse Arts Centre / Tinahely Co Wicklow / 1996 - 2005

### Gap Years 2005 - 2007

International travel: Fiji, New Zealand, China, South East Asia, Philippines, Indonesia.