



CONSENT TO TREAT FORM – Parent or Guardian

1. I understand that my child is about to begin individual psychotherapy with a creative arts therapist. I have been informed about the therapist’s educational background, training, and degree.
2. I have been informed about the type of role-playing that will be primarily used in the psychotherapy, called dramatherapy and understand that it involves spontaneous, improvisational role-playing between my child and the therapist. I understand that they are free to do what feels comfortable, and that the role-playing will stop if it becomes uncomfortable for them. I understand that the role-playing may involve physical movement and may at times involve physical contact between my child and the therapist. However, I understand that the therapist will not intentionally engage in any sexually provocative, stimulating or suggestive behaviour and that if I ever feel that such is the case, that I have been encouraged to mention it immediately to the therapist so that my concerns can be addressed.
3. I understand that the therapist will conduct herself according to the ethical principles of the Irish Association of creative Arts Therapists (IACAT) and will not socialize with me or engage in any intimacies outside of the psychotherapy session. I am aware that if any such concerns arise that I can contact IACAT to discuss them confidentially with their complaints committee email: complaints@iacat.ie . The ethical principles of the Irish Association of creative Arts Therapists can be viewed here www.iacat.ie/code-of-ethics
4. I understand that all material from my child's sessions will be kept completely confidential and in line with child safeguarding principles and GDPR data protection. These policies can be viewed here www.mdaggetherapy.ie. If audio or video data is being recorded of my child's sessions I will be informed before sessions begin and a separate consent form will be used to give permission for such recordings. No material from my child's psychotherapy will be presented to others - apart from my supervisor - informally or formally at conferences or in courses, without prior written consent from myself.
5. I have read the above, agree with its contents, and without coercion provide my signature below. I also understand I can contact Maggie on 087 4137608 or maggie@mdaggetherapy.ie if the need arises.

Childs Name

Parent or Guardian's Name

Date _____

Maggie Dagge

Therapist

Date _____