



MAGGIE DAGGE

THERAPY

Client Guidance for Working Face-to-Face during Covid 19

Attending therapy while social distancing - these guidelines are set out across all the buildings and room I am seeing clients in. Some building will also have their own specific guidelines too that will need to be signed by both of us.

1. Regardless of the building and room our session will be held in I will let you in. I will close the door behind you so you do not need to touch any handles etc.
2. The door of the session room will be open so you can go in ahead of me without touching the handles.
3. Before entering the room you may visit the bathroom to wash your hands *if you wish*. Alternatively there will be hand sanitiser available on the table beside your chair.
4. You will enter the room and go to your chair without having to touch any of the door handles and while maintaining social distancing.
5. There will be a hand sanitiser on the table beside your chair for your use.
6. I will close the door of the room.
7. Our chairs will be placed at least 2 meters apart.
8. I would encourage you to bring your own water and tissues, if possible, to avoid any possible cross-contamination.
9. When the session is ended, while you remain seated I will open both the session room door and the front door and leave them open.
10. When I have returned to the room, you can leave the room while socially distancing.
11. I will close both doors when you have left.
12. You may visit the bathroom to wash your hands if you wish before leaving the building.
13. I will wash down the chair with alcohol spray and disinfect the hand sanitiser bottle after each client.

I would also ask that you let me know ahead of any sessions if you have developed any Covid 19 symptoms or have been in contact with anyone with Covid 19 and we can arrange to hold the session remotely or reschedule the session.

If art material/puppets are used during the session I will provide you with your own sealed box which I will have disinfected on packing and you will take out and return before I disinfect the outside again and stored securely. All art created can be stored in this box unless you wish to take it home.

Please don't hesitate to get in touch if you have any queries about any of this.