



Pre-Therapy Referral Form Children/Adolescents

Referral Details

Referral From	Tick	Contact Person	Name of Organisation
Private Referral			
Institutional Referral			
Court Referral			
Other Services involved			

Reason for Referral

Date of Referral:

Presenting Issue		
Secondary issues		

Main Contact Person for Client and Emergence Person Details

Adults Name	Mobile	Email
Main Adult:		
Emergency:		

Client Details

Child/Adolescent's Name	First Name	Surname
Child/Adolescent's age and date of birth	Age	DOB

Any Previous experience of therapy (Style of therapy)	Issues addressed	Length of therapy
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Medical Details

Symptoms/Diagnosis	Type	Severity
Medication		

Parents/Guardians Details

Parents/Guardians Name	First Name	Surname
Mother's Name		
Father's Name		
Guardian's Name		
Other – relationship to Adult		

Family Details

Parents/Guardians relationship status	Together/Single parenting	Separated/Co-Parenting
Relationship to parents/Guardians	Positive	Negative
Grandparents/Grandguardians relationship status	Together/Single parenting	Separated/Co-Parenting
Relationship to Grandparents/Grandguardians	Positive	Negative
Medical and mental health Details of Parents/Grandparents/siblings		
Siblings/ Step-Siblings Name	Age	Gender
Foster Siblings	Age	Gender

Relationship to Siblings/Foster Siblings	Name	Positive/Negative/Neutral

Extended Family Details

Significant People	First Name	Positive/Negative/Neutral
Significant Pets	Name	Positive/Negative/Neutral

Friends in school/Neighbourhood

Friends Name	Personal	Work

School Attendance Details

Attendance	Able to attend	Difficulties attending
Issues around attendance	Historical	Recent

Behavioural/Communication Details

Behaviour and Communication	Able to express your needs	Difficulties with expressing your needs
<p>Issues around Behaviour and Communication For example : nightmares, sleepwalking, bed wetting, sudden change in eating patterns, food refusal, violence towards self, violence towards others, self-harm, suicidal thoughts, addiction,</p>	Historical	Recent

Parents/Guardians/Client aims for therapy/Changes you would like

Aims for Parents/Guardians		
Aims for Child/Adolescent		

Trauma History for family

Did you or your child experience or witness any of the following events, as a child or adult?	Were you troubled by this at the time?	Are you troubled by this now?
Natural Disaster		
<input type="checkbox"/> Flood <input type="checkbox"/> Hurricane/tornado <input type="checkbox"/> Fire <input type="checkbox"/> Earthquake	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Accidents		
<input type="checkbox"/> Medical/surgical error <input type="checkbox"/> Motor vehicle accident <input type="checkbox"/> Plane crash <input type="checkbox"/> Drowning <input type="checkbox"/> Explosion <input type="checkbox"/> Chemical/gas leak <input type="checkbox"/> Building collapse	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Illness		
<input type="checkbox"/> Unexpected death of a loved one <input type="checkbox"/> Serious medical illness <input type="checkbox"/> Serious mental illness	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Neglect/Humiliation		
<input type="checkbox"/> Being denied food or water <input type="checkbox"/> Left alone for long periods <input type="checkbox"/> Put in dangerous situations <input type="checkbox"/> Verbally humiliated or ignored <input type="checkbox"/> Forced to perform humiliating actions <input type="checkbox"/> Insulted/treated as worthless <input type="checkbox"/> Teased/bullied	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Control		
<input type="checkbox"/> Being locked in a room/closet <input type="checkbox"/> Controlled use of phone <input type="checkbox"/> Being stalked <input type="checkbox"/> Controlled contact with others	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No

<input type="checkbox"/> Controlled possessions <input type="checkbox"/> Forced to take drugs or alcohol	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Did you or your child experience or witness any of the following events, as a child or adult?	Were you troubled by this at the time?	Are you troubled by this now?

Physical Punishment		
<input type="checkbox"/> Being hit, kicked, thrown, dragged, or tied up <input type="checkbox"/> Being bruised, burned, cut or given broken bones <input type="checkbox"/> Witnessed violence on other family members	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Unwanted sexual contact		
<input type="checkbox"/> Forced intercourse (oral, anal, or vaginal) <input type="checkbox"/> Forced masturbation <input type="checkbox"/> Forced to watch pornography <input type="checkbox"/> Being fondled against your will <input type="checkbox"/> Forced to perform sexual acts in front of others <input type="checkbox"/> Being filmed or videotaped <input type="checkbox"/> Being prostituted	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Assault and robbery		
<input type="checkbox"/> Victim of robbery <input type="checkbox"/> Assaulted with a weapon <input type="checkbox"/> Threatened to be killed <input type="checkbox"/> Beaten up <input type="checkbox"/> Kidnapped/held hostage <input type="checkbox"/> Witnessed a murder/assault	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No
Stigma and prejudice		
<input type="checkbox"/> Race <input type="checkbox"/> Gender <input type="checkbox"/> Religion <input type="checkbox"/> Ethnic or national identity <input type="checkbox"/> Income <input type="checkbox"/> Sexual orientation	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No

War		
<input type="checkbox"/> Served in a combat zone	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Treated the wounded in combat	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Was fired upon in combat	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Close-hand combat	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Prisoner of war	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Friendly fire	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Other events		
<input type="checkbox"/> Miscarriage/stillbirth	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Abortion	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Adoption	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Foster or residential care	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Removed from home by the state	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Homeless/lived on the streets	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Subject of a lawsuit	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Being falsely accused	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Arrest/imprisonment	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Hospitalised against will	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Being embezzled/blackmailed	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Spouse/partner had an affair	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Unexpected demotion or loss of job	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Identity theft	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No