



MAGGIE DAGGE

THERAPY

2023 Client Guidance for Working Face-to-Face: living with Covid 19

Attending therapy while living with Covid 19 - these guidelines are set out across all the buildings I am seeing clients in. Some building may also have their own specific guidelines that will need to be signed by both of us.

Masks are no longer a requirement to work face to face.

1. Regardless of the building and room our session will be held in I will let you in. I will close the door behind you so you do not need to touch any handles etc. If the building has an automatic release/buzzer on the door for you to push the door open there will be hand sanitiser inside the door for you to use.
2. Before entering the room you may visit the bathroom to wash your hands *if you wish*. Alternatively there will be hand sanitiser available on the table beside your chair/cushion for your use throughout the session as needed.
3. The door of the session room will be open so you can go in ahead of me without touching the handles.
4. I will close the door of the room.
5. Our chairs will be placed 2 meters apart or if using cushions these will also be 2 meters apart. If our session requires that we need to be closer than 2 meters, for example proximity play, you may ask me to wear a mask and/or wear a mask also. However, this is no longer a requirement.
6. I would encourage you to bring your own water, if possible, to avoid any possible cross-contamination.
7. When the session is ended, I will open the session room/waiting room doors.
8. You may visit the bathroom to wash your hands if you wish before leaving the building.
9. There will be hand sanitiser to use at the front door as you exist.
10. I will spray the chair/cushions with a disinfectant spray and disinfect the hand sanitiser bottle after each client, as well as any touch points.
11. Each client will have their own box of art materials that will be sanitised and stored securely. *
12. Please arrive ***only*** at your session time to help control the movement of people in the building.

I would also ask that you let me know ahead of any sessions if you have developed any Covid 19 symptoms, have been in contact with anyone with Covid 19 and we can arrange to hold the session remotely or reschedule the session.

*If art material/puppets are used during the session I will provide you with your own sealed box which I will have disinfected on packing and you will take out and return before I disinfect the outside again and store securely. All art created can be stored in this box unless you wish to take it home.