



CONSENT TO TREAT FORM – Young adult/Adult

1. I understand that I am about to begin individual adult psychotherapy with Maggie Dagge. I have been informed about Maggie’s educational background, training, and degrees.
2. I have been informed that alongside talk therapy, creative arts psychotherapy may be used in my psychotherapy, if I feel comfortable with it. I understand that it can involve spontaneous, improvisational role-playing and or the use of art materials. I understand that I can inform Maggie if any of the role-playing becomes uncomfortable for me. I understand that the role-playing may involve physical movement, and may at times involve physical contact between myself and Maggie.
3. I understand that Maggie will conduct herself according to the ethical principles of the Irish Association of creative Arts Therapists (IACAT) and will not socialise with me or engage in any intimacies outside of the psychotherapy session. I am aware that if any such concerns arise, that I can contact IACAT, to discuss them confidentially with their complaints committee email: complaints@iacat.ie The ethical principles of the Irish Association of creative Arts Therapists can be viewed here www.iacat.ie/code-of-ethics
4. I understand that all material from my sessions will be kept completely confidential and in line with child safeguarding principles and GDPR data protection. These policies can be viewed here www.mdaggeththerapy.ie. No material from my psychotherapy will be presented to others – apart from my supervisor - informally or formally at conferences or in courses, without prior written consent from myself.
5. Should a child safeguarding issue arise, for example, a disclosure of harm that **has** happened, **is** happening, **at risk** of happening or **historical** Maggie as a mandated person is legally obligated to make a report to Tusla.
6. I have read the above, agree with its contents, and without coercion provide my signature below. I also understand I can contact Maggie on 087 4137608 or maggie@mdaggeththerapy.ie if the need arises.

Clients Name (Print) _____

Clients Signature _____

Maggie Dagge - Psychotherapist _____

Date _____